

Serious Illness Conversation Guide

Clinician Steps	Conversation Guide
<p>Set up</p> <ul style="list-style-type: none"> Thinking in advance. Is this Okay Hope for the best, prepare for the worst Benefit for patient/family No decisions necessary today 	<p>Understanding</p> <p>What is your understanding now of where you are with your illness</p>
	<p>Information Preferences</p> <p>How much information about what is likely to be ahead with your illness would you like from me? For Example: Some patients like to know about time, others like to know what to expect, others like to know both.</p>
	<p>Prognosis</p> <p>Share prognosis as a range, tailored to information preferences.</p>
<p>Guide (right column)</p>	<p>Goals</p> <p>If your health situation worsens, what are your most important goals?</p>
	<p>Fears/Worries</p> <p>What are your biggest fears and worries about the future with your health?</p>
	<p>Function</p> <p>What abilities are so critical to your life that you can't imagine living without them?</p>
<p>Act</p> <ul style="list-style-type: none"> Affirm commitment Make recommendations about next step Acknowledge medical realities Summarize key goals/priorities Describe treatment options that reflect both Document Conversation Provide patient with Family Communication Guide 	<p>Trade-offs</p> <p>If you become sicker, how much are you willing to go through for the possibility of gaining more time?</p>
	<p>Family</p> <p>How much does your family know about your priorities and wishes?</p>
	<p>(suggest bringing family and /or health care agent to next visit to discuss together)</p>
<p>Adapted with permission by Ariadane Lab July 2015</p>	