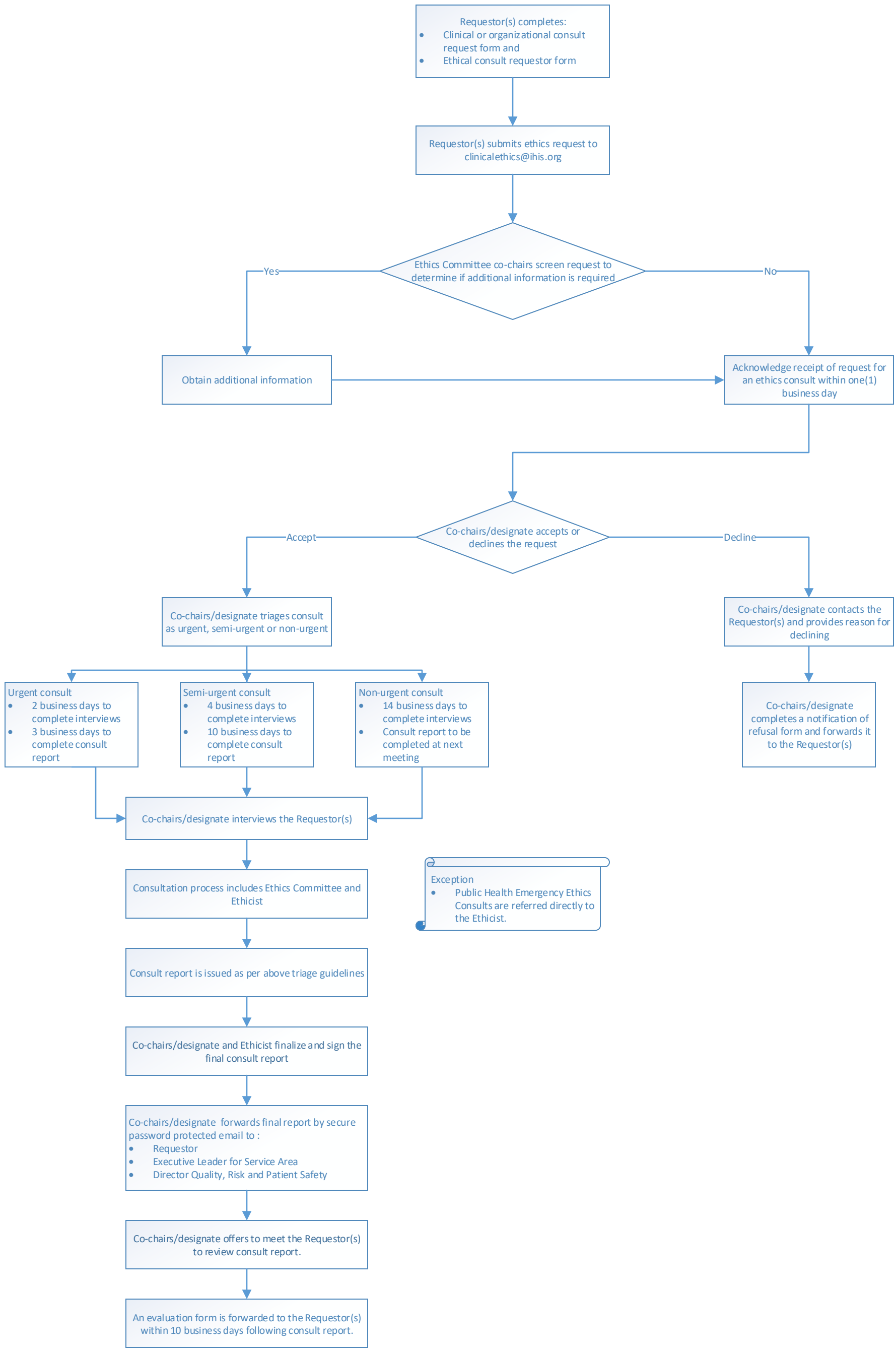Ethics Committee Operational Workflow for Ethical Consultation