

Information sheet for person offering education on COPD

“Client” means patient/client/resident

This sheet is to assist the educator, it is not to be given to the client you are teaching.

This education material is provided to assist you provide education relevant to your client on COPD. These materials are provided in English and French. You are not expected to educate your client in French. You will educate them in English and provide the materials in French so they may review at their convenience if applicable.

There is a link from the English to the French document.

Please print off the content in the English folder. (Have the ward clerk print off a copy)

The list of documents in the COPD folder is

- COPD teaching checklist
- HPEI Breathing exercises
- Living well with COPD
- Living a healthy life
- Lung health, nutritional guidelines for people with COPD
- HPEI Passport
- HPEI therapy log
- COPD resources
- Home medication list
- How to hand rub
- How to handwash

- Use the client education checklist to demonstrate what education you have provided to your client.
- Review the client/family teaching guidelines.
- There are two spaces within each category to allow for a repeat session should you believe it is required.
- By initialing/signing the checklist it advises other staff what has been covered and if the material needs repeating for better understanding.
- The intent is that the educator reads through the information they are providing and deliver it to their client in small quantities, over short time periods.

If you have any questions regarding any of the materials provided, suggestions to improve the package content etc.

Please Contact, Heather Cyr COPD Coordinator, at hacyr@ihis.org or Dorothy Dewar Nursing Research Lead, CNO Office, at dadewar@ihis.org