

Health PEI

One Island Health System

Heart Failure Teaching Checklist

Level of understanding (L.o.U.)

U - Understanding indicated

R - Repeat

N/A - not applicable

Resources: Heart Failure: Client Education Booklet Using the nutrition facts table
Weight Record Activity Record

Topic	Date	Name	Level of Understanding	Comments
Understanding Heart Failure p. 3- 5; HF booklet	Date 1	Name 1	L.o.U. 1	Comments 1
	Date 2	Name 2	L.o.U. 2	Comments 2
Management & Goals of Treatment; p.5; HF booklet	Date 1	Name 1	L.o.U. 1	Comments 1
	Date 2	Name 2	L.o.U. 2	Comments 2
Your Diet: SALT; p.5-11; HF booklet	Date 1	Name 1	Lo.U. 1	Comments 1
	Date 2	Name 2	L.o.U. 2	Comments 2
Body Weight p.14; HF booklet	Date 1	Name 1	L.o.U. 1	Comments 1
	Date 2	Name 2	L.o.U. 2	Comments 2
Rest, Exercise & Activity; pp.15 - 17; HF booklet	Date 1	Name 1	L.o.U. 1	Comments 1
	Date 2	Name 2	L.o.U. 2	Comments 2
Medications p.18-24; HF booklet	Date 1	Name 1	L.o.U. 1	Comments 1
	Date 2	Name 2	L.o.U. 2	Comments 2
Immunizations/vaccines/ quitting smoking + alcohol consumption p.25; HF booklet	Date 1	Name 1	L.o.U. 1	Comments 1
	Date 2	Name 2	L.o.U. 2	Comments 2
Discuss how to use weight record and activity record with person	Date 1	Name 1	L.o.U. 1	Comments 1
	Date 2	Name 2	L.o.U. 2	Comments 2
Identified Family Goals: _____ _____	Other Educational Materials Used; Eg Videos/Books		Date	
Identified Learning Barriers: _____ _____				
Comments: _____ _____ _____				

Client/Family Teaching Guidelines

1. Log into www.healthpei.ca/carepathways . Find Client Education Materials. Find Heart Failure folder and open. Print a copy of the material enclosed. Otherwise, obtain from specified location on your unit, facility, or work site
2. Material provided in the package correlates with the specific teaching checklist.
3. Use the checklist as a guide to the provided teaching material. It is a part of the paper chart.
4. Each row represents specific elements of education for review.
5. Once the element is reviewed with the client/family, date and sign with your initials in the row that corresponds with the material. (This communicates to other health care providers what material has been covered.)
6. A key provided on the top left hand corner allows staff to document the level of understanding in the appropriate column.
7. An “R” in the Level of Understanding column indicates that the material needs to be repeated/reviewed again; therefore, some rows may require more than one date and signature.
8. The section at the bottom provides staff the opportunity to identify any goals or learning barriers the client/family may have.
9. An additional section is provided to document any additional sources of information that are used to educate the client/family.