

**Long Term Care - Introduction to Facility
Emergency Plans**

Medical Emergency

What is a “**Medical Emergency**”

- A “**Medical Emergency,**” can be called for any number of reasons, including but not limited to choking, a fall, cardiac arrest, etc. This can apply to residents, staff, visitors or members of the general public.
- The objectives of the plan include alerting staff, assessing the situation, rendering assistance to the level of training you have been provided and contacting first responders as appropriate.

What to do if you Discover a **Medical Emergency**

If you observe a medical emergency or are asked to render assistance:

- Initiate assistance **to the level you are trained to perform.** This could include, but is not limited to, first aid, CPR, Heimlich maneuver, providing comfort etc.
- If possible remain with the person experiencing the medical emergency and delegate notifying facility staff and first responders.
- If it is not possible to delegate notifications, take action to notify the Nursing Supervisor and 9-911 (if necessary) and return immediately to the person experiencing the medical emergency.

What to do if you Discover a **Medical Emergency**

If you observe a medical emergency or are asked to render assistance (continued):

- This notification process will vary depending on your facility but could include: overhead paging, use of telephones, use of runners or verbally notifying the RN Supervisor face to face.
- Take direction from the RN Supervisor once they are on scene.
- Remain on scene to provide information to first responders once they arrive.

Know Your Facility

- You should be familiar with the following items in your facility, including but not necessarily limited to:
 - ▶ Available emergency communications tools/devices (paging system, phones, radios etc.)
 - ▶ First aid supplies, kits or stations
 - ▶ Site All Hazards/Emergency Plan

Where to go to learn more!

- Site All Hazards/Emergency Plan
- Supervisor
- www.healthpei.ca/src/ltc
- Contact Emergency Health and Planning Services – spdaley@gov.pe.ca

Thank you!

Health PEI

One Island Health System