





# Stroke Distinction: Did You Know?

#### INPATIENT STROKE REHAB PROTOCOLS

- Stroke protocols a set of procedures and/or an algorithm/flow that helps ensure that stroke care is people-centred, consistent, adheres to evidence-informed practices, follows the latest evidence-based clinical guidelines for service delivery, and maintains safety and quality across the continuum of care.
- To achieve Distinction must have at least 60% of recommended protocols

### AT HEALTH PEI: Survey Visit October 31-Nov 3

### **✓** Inpatient Stroke Rehabilitation Services Protocols

- Formal intake process for triaging client referrals and accepting clients for inpatient rehabilitation
  - Criteria for admission include:
    - Have limitations in function with expectations for improvement and identifiable rehabilitation goals.
    - Be able to follow visual/verbal commands and willingness/ability to participate and learn.
    - Require 24-hour nursing availability
    - Require therapy by 2 or more disciplines (PT, OT, Rehab Nursing, Psychology and SLP, Social Work, etc) and be able to tolerate greater than three (3) hours of therapy, five (5) days per week.
    - Complete criteria at: <a href="http://healthpeipolicy.medworxx.com">http://healthpeipolicy.medworxx.com</a> QEH Nursing Admission Criteria: Inpatient Provincial Rehabilitation Policy
- Swallowing ability assessment
  - Screening for dysphagia with Tor-BSST and full assessment by Speech Language Pathologists
- Initial assessment of rehabilitation needs:
  - o Impairment and functional assessment by rehab professionals within 2 business days
- Assessing and managing diabetes mellitus (when present)
- Pressure injury prevention
  - o Braden assessment / power plan
- Falls prevention
  - Conley Falls Risk

Enhance client experience and improve outcomes

Mitigate risk and increase efficiency

Improve teamwork and communication

# **Questions Accreditation Canada Surveyors May Ask Staff:**

- 1. Where can you find more information on inpatient rehab protocols?
- 2. What protocols do you use?

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